

Mal Duane

About the Author

Mal Duane has triumphed over devastating life challenges to become an Alpha Chick extraordinaire. Today she serves clients through the multi-million dollar real estate company that she built from scratch. She has a dream marriage, and, as a certified Professional Coach, is deeply involved with helping women discover and use their connection with the divine power within them to become their own version of an Alpha Chick.

Her life experience, including recovering from a decade-long struggle with alcoholism as a young woman, has provided her with extensive hands-on, in the trenches experience for taking hold of a life and bringing forward the potential that lies buried beneath the scars and hurts. She generously shares what she has learned at every opportunity. Mal believes that the greatest component of success is being able to give back. In 2007, she built a school in Mali, West Africa in memory of her niece, Holly. The school educates a hundred children annually that would never have the opportunity. She is also creating a fund for educational assistance for women. A portion of all proceeds will be contributed to the fund.

Mal lives with her husband, Dr. Michael Pearlman (also known as Dr. Delicious) and their English Jack Russell Terrier, Hannah, in Framingham Massachusetts, where she works, writes, speaks, and supports women in being the best they can be.